

Menu: March 15 - 19, 2010



Mar. 15 / Mon	Mar. 16 / Tue	Mar. 17 / Wed	Mar. 18 / Thu	Mar. 19 / Fri
First Snack (Trust-Confidence Classes only)				
Mixed cereal Apples Milk	Chicken rice soup Seasonal fruit Milk	Crackers Tuna dip Green mango Milk	Pasta Chicken soup Seasonal fruit Milk	Mixed cereal Yoghurt Seasonal fruit
Second Snack (All Classes)				
Tofu soup with carrots and mushroom Milk	Spaghetti with tomato sauce Seasonal fruit Milk	Mushroom soup Toast Seasonal fruit Milk	Carrot muffins Seasonal fruit Milk	Congee with chicken Seasonal fruit Milk
Lunch				
Rice Chicken stew with mixed vegetables Seasonal fruit	Rice Thai omelet Stir fried mixed vegetables Seasonal fruit	Rice Chicken fingers Clear soup with vegetables Seasonal fruit	Rice Fish stew with carrots, onions and tomatoes Seasonal fruit	Stir fried egg noodles with chicken and vegetables Clear soup with vegetables Seasonal fruit
Extended Hours Snack (2pm)				
Crackers Seasonal fruit	Crackers Seasonal fruit	Crackers Seasonal fruit	Crackers Seasonal fruit	Crackers Seasonal fruit