

Food Menu

Whole School Menu

Date	Monday September 18	Tuesday September 19	Wednesday September 20	Thursday September 21	Friday September 22
EY Morning Snack	Mini Chicken wrap	Oatmeal with Fruit	Blueberry Muffin	Macaroni Soup with Vegetables	Scrambled eggs in croissant
PY/MY Morning Snack	Mini Chicken wrap	Cream of Mushroom soup with crouton	Blueberry Muffin	Macaroni Soup with Vegetables	Scrambled eggs in croissant
Fruit	Guava, Watermelon <i>Whole Milk</i>	Apple & Papaya <i>Whole Milk</i>	Cantaloupe <i>Whole Milk</i>	Apple, Pineapple <i>Whole Milk</i>	Dragon fruit, Papaya <i>Whole Milk</i>
Lunch	Stir-fried chicken and mixed vegetables in oyster sauce	BBQ Pork Rice (Kaow Moo Dang)	Rice noodle soup with chicken	Fish Fingers	Pork Lasagna Bolognese
Rice/Bread	Steamed Rice	Steamed Rice	Grilled Ham/Cheese Sandwich	Alfredo Pasta	Garlic Bread
Sides & Salad	Vegetable Sticks	Garden salad	Corn on the Cob	Tomato and cucumber salad	Steamed Broccoli
Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit

Additional Lunch Option	Phad Grapow (Basil Pork) with Fried Egg	Phad See Ew (Stir-Fried Flat Rice Noodles)	Rice noodle soup with chicken	Green Curry with Eggplant and Chicken with Steamed Rice	Rad Na Moo Sen Yai (Noodles with Pork in Gravy Sauce)
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