




































Weekly Meal Menu

Early Years (T&C - Excellence)

31 March - 4 April 2025

	MON	TUE	WED	THU	FRI
MORNING SNACK	CHERRY TOMATO FOCACCIA  WHOLE MILK & FRUITS	MACARONI SOUP  WHOLE MILK & FRUITS	CROUTONS STICKS  WHOLE MILK & FRUITS	CRACKER WITH CREAM CHEESE  WHOLE MILK & FRUITS	YOGURT WITH CEREAL  WHOLE MILK & FRUITS
MAIN COURSE	PASTA BOLOGNESE WITH CHICKEN 	EGG NOODLE WITH GRILLED RED PORK 	PORK DARK SOY FRIED RICE (KAO PAD ROD FAI) 	CRISPY JAPANESE FISH KATSU 	ROAST PORK WITH POTATOES 
RICE	STEAMED RICE 	STEAMED RICE 		STEAMED RICE 	STEAMED RICE 
SIDE	BOILED EGG 	BOILED EGG 	THAI SCRAMBLED EGG 	STEAMED EGG 	THAI OMELETTE 
SIDE/SOUP	CLEAR SOUP 	NOODLE SOUP 	CHINESE RADISH SOUP 	JAPANESE TOFU SOUP 	STIR FRIED MIXED VEGETABLES 
SALAD	VEGGIES 	VEGGIES 	VEGGIES 	VEGGIES 	VEGGIES 
FRUIT	SEASONAL FRUITS 	SEASONAL FRUITS 	SEASONAL FRUITS 	SEASONAL FRUITS 	SEASONAL FRUITS 

*PLEASE NOTE THAT ITEMS ON THIS MENU MAY CHANGE DUE TO AVAILABILITY





Weekly Meal Menu

Primary Years / Middle Years

31 March - 4 April 2025



	MON	TUE	WED	THU	FRI
MORNING SNACK	CHERRY TOMATO FOCACCIA WHOLE MILK & FRUITS	THAI RICE SOUP WHOLE MILK & FRUITS	CROUTONS STICKS WHOLE MILK & FRUITS	CRACKER WITH CREAM CHEESE WHOLE MILK & FRUITS	YOGURT WITH CEREAL WHOLE MILK & FRUITS
ASIAN	FRIED BOILED EGG WITH TAMARIND SAUCE 	THAI BASIL CHICKEN 	PORK DARK SOY FRIED RICE (KAO PAD ROD FAI) 	CRISPY JAPANESE FISH KATSU 	KHAO SOI WITH CHICKEN
EGG DISH		FRIED EGG 	THAI SCRAMBLED EGG 	STEAMED EGG 	THAI OMELETTE
RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE
WESTERN	PASTA BOLOGNESE WITH CHICKEN	CRISPY PORK KNUCKLE	ROSEMARY BAKED CHICKEN WITH BROWN SAUCE	PASTA ALFREDO WITH PORK	ROAST PORK WITH POTATOES
VEGETARIAN / ALLERGY	FRIED TOFU WITH TAMARIND SAUCE	STIR-FRIED PROTEIN BASIL	PROTEIN FRIED RICE	CRISPY TOFU KATSU	KHAO SOI
SOUP	TOM KHA GAI	ONION SOUP	CHINESE RADISH SOUP	MISO SOUP	CLEAR SOUP WITH BITTER MELON
NOODLE SOUP	NOODLE WITH PORK	EGG NOODLE WITH GRILLED RED PORK	THAI BRAISED CHICKEN NOODLE SOUP WITH BITTER MELON	JAPANESE UDON WITH PORK	NOODLE SOUP WITH SHREDDED CHICKEN
SIDE	STIR FRIED SNAP PEA	SAUTÉED BROCCOLI	RATATOUILLE	SAUTÉED BABY KALE	POTATO WEDGES
SALAD	ASSORTED VEGETABLES WITH DRESSING	ASSORTED VEGETABLES WITH DRESSING	ASSORTED VEGETABLES WITH DRESSING	ASSORTED VEGETABLES WITH DRESSING	ASSORTED VEGETABLES WITH DRESSING
FRUIT	SEASONAL FRUIT 	SEASONAL FRUIT 	SEASONAL FRUIT 	SEASONAL FRUIT 	SEASONAL FRUIT

*PLEASE BE AWARE THAT ITEMS ON THIS MENU MAY CHANGE OR BE UNAVAILABLE THAT CONTAINS ITEMS.

