

Weekly Meal Menu Early Years (T&C - Excellence) 21 - 25 April 2025



WED

THU



MORNING SNACK

CRACKER WITH CREAM CHEESE



WHOLE MILK & SEASONAL FRUITS KIMBAB



WHOLE MILK & SEASONAL FRUITS THAI RICE SOUP



WHOLE MILK & SEASONAL FRUITS

CHEESY **BREADSTICKS**

WHOLE MILK & SEASONAL FRUITS



WHOLE MILK & SEASONAL FRUITS

CHINESE SPICE STEW PORK **BELLY & EGG**



THAI BASIL MINCED PORK



CHICKEN **BURGER**



FISH **FINGERS**



NOODLE SOUP WITH MINCED **PORK**



STEAMED RICE





STEAMED RICE





STEAMED RICE



STEAMED RICE



BOILED EGG



THAI OMELETTE



SCRAMBLED EGG



STEAME EGG



BOILED EGG



STIR-FRIED MIXED-**VEGETABLES**



EGG TOFU SOUP WITH SEAWEED



CUCUMBER AND TOMATO SALAD



JAPANESE TOFU SOUP



NOODLE SOUP



VEGGIES



VEGGIES



VEGGIES



VEGGIES



VEGGIES



FRUIT

SEASONAL **FRUITS**



SEASONAL FRUITS



SEASONAL **FRUITS**



SEASONAL **FRUITS**



SEASONAL **FRUITS**



*PLEASE NOTE: ITEMS ON THIS MENU ARE SUBJECT TO CHANGE BASED ON AVAILABILITY.

































PORK CHICKEN FISH CRUSTACEAN WHEAT









DARIY CELERY SOY/ MASTARD SESAME SEEDS







Weekly Meal Menu

Primary Years / Middle Years 21 - 25 April 2025



TUE

WED

THU

FRI

BANANA MUFFINS

MORNING SNACK

CRACKER WITH CREAM CHEESE

WHOLE MILK & FRUITS

KIMBAB

WHOLE MILK & FRUITS

THAI RICE SOUP

WHOLE MILK & FRUITS

CHEESY **BREADSTICKS**

WHOLE MILK & FRUITS

WHOLE MILK & FRUITS

CHINESE SPICE STEW PORK BELLY



STIR-FRIED PORK WITH HOLY BASIL (PAD KRAPAO)

(A)(B)

GREEN CURRY WITH PORK

CHICKEN BIRYANI



STIR FRIED GARLIC CHIVE FLOWERS WITH CHICKEN

CHINESE SPICE STEW EGG (6)90

FRIED EGG



SCRAMBLED EGG



STEAMED EGG



BOILED EGG



RICE



STEAMED RICE



STEAMED RICE



STEAMED RICE





FUSILLI AGLIO E OLIO WITH SAUSAGE

CHICKEN SCHNITZEL CHICKEN **BURGER**

FISH **FINGER**

PIZZA **BOLOGNESE**

THAI STEW **TOFU**

STIR-FRIED TOFU WITH HOLY BASIL (PAD KRAPAO)

PANANG RED **CURRY TOFU SKIN** STIR FRIED GARLIC CHIVE FLOWERS WITH TOFU

GARLIC MUSHROOM

CLEAR SOUP WITH SPRING ONION

EGG TOFU AND SEAWEED SOUP

POTATO SOUP

JAPANESE TOFU SOUP

THAI OMELLETE SOUP

THAI SUKIYAKI WITH PORK

NOODLE WITH BRAISED PORK **NOODLE SOUP** WITH SHREDED CHICKEN

RAMEN WITH CHICKEN AND SEAWEED

NOODLE RICE WITH MINCED

STIR-FRIED MIXED-

SAUTÉED

CUCUMBER AND

PORK

VEGETABLES

PUMPKIN

TOMATO SALAD

SALSA

MASHED **POTATO**

ASSORTED **VEGETABLES WITH** DRESSING

ASSORTED **VEGETABLES WITH** DRESSING

ASSORTED VEGETABLES WITH DRESSING

ASSORTED VEGETABLES WITH DRESSING

ASSORTED **VEGETABLES WITH** DRESSING



SEASONAL FRUITS

SEASONAL FRUITS

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SEASONAL FRUITS

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PORK CHICKEN FISH CRUSTACEAN WHEAT



BASED ON AVAILABILITY.



DARIY CELERY SOY/ MASTARD SESAME