















Weekly Meal Menu

Early Years (T&C - Excellence)

2 - 6 June 2025

| | | MON | TUE | WED | THU | FRI |
|-------|---------------|--|---|-----|-----|---|
| LUNCH | MORNING SNACK | CRACKER WITH CREAM CHEESE  WHOLE MILK & SEASONAL FRUITS | H.M QUEEN'S BIRTHDAY (NO SCHOOL) | | | THAI RICE SOUP  WHOLE MILK & SEASONAL FRUITS |
| | MAIN COURSE | PORK UDON SOUP  | | | | HAINANESE CHICKEN  |
| | RICE |  | | | | HAINANESE RICE  |
| | SIDE | BOILED EGG  | | | | THAI OMELETTE  |
| | SIDE/SOUP | STEAMED BROCCOLI  | | | | WINTER MELON SOUP  |
| | SALAD | VEGGIES  | | | | VEGGIES  |
| | FRUIT | SEASONAL FRUITS  | | | | SEASONAL FRUITS  |





















*PLEASE NOTE: ITEMS ON THIS MENU ARE SUBJECT TO CHANGE BASED ON AVAILABILITY.



Weekly Meal Menu

Primary Years / Middle Years

2 - 6 June 2025

| | | MON | TUE | WED | THU | FRI | | | |
|-------|---|---|--|--|-----|-----|--|---|---|
| LUNCH | MORNING SNACK | CRACKER WITH CREAM CHEESE  WHOLE MILK & FRUITS | H.M QUEEN'S BIRTHDAY (NO SCHOOL) | | | | CHEESE SANDWICH  WHOLE MILK & FRUITS | GARLIC BUTTERED PASTA  WHOLE MILK & FRUITS | THAI RICE SOUP  MILK AND SEASONAL FRUITS |
| | ASIAN | STIR FRIED ANGLED GOURD WITH EGG AND CHICKEN  | | | | | PORK AND BELL PEPPER STIR FRY  | JAPANESE TERIYAKI FISH  | HAINANESE CHICKEN  |
| | EGG DISH | BOILED EGG  | | | | | SCRAMBLED EGG  | BOILED EGG  | THAI OMELETTE  |
| | RICE | STEAMED RICE  | | | | | STEAMED RICE  | STEAMED RICE  | STEAMED RICE  |
| | WESTERN | PORK ALFREDO PASTA | | | | | BBQ CHICKEN WITH TORTILLA WRAP | OVEN ROASTED CHICKEN | CHEESY PASTA BAKE WITH PORK |
| | VEGETARIAN / ALLERGY | STIR FRIED ANGLED GOURD WITH EGG | | | | | CHINESE VEGETABLE STEW | PAN FRIED TOFU | PASTA BAKE |
| | SOUP | TOM YUM | | | | | CHINESE VEGETABLE STEW | MISO SOUP | WINTER MELON SOUP |
| | NOODLE SOUP | PORK UDON SOUP | | | | | THAI SUKI SOUP WITH CHICKEN | PORK UDON SOUP | NOODLE SOUP WITH PORK |
| | SIDE | BAKED POTATO | | | | | TOMATO SALSA | OVEN ROASTED VEGETABLES | SLICED CUCUMBER |
| | SALAD | ASSORTED VEGETABLES WITH DRESSING | | | | | ASSORTED VEGETABLES WITH DRESSING | ASSORTED VEGETABLES WITH DRESSING | ASSORTED VEGETABLES WITH DRESSING |
| FRUIT | SEASONAL FRUIT  | SEASONAL FRUITS  | SEASONAL FRUITS  | SEASONAL FRUITS  | | | | | |

*PLEASE NOTE: ITEMS ON THIS MENU ARE SUBJECT TO CHANGE BASED ON AVAILABILITY.



After School Club Snack

2 - 6 June 2025

MONDAY

SNACK

CHEESE TOAST

FRUIT

SEASONAL FRUIT

TUESDAY

SNACK

**H.M QUEEN'S BIRTHDAY
(NO SCHOOL)**

FRUIT

WEDNESDAY

SNACK

BANANA OAT BARS

FRUIT

SEASONAL FRUIT

THURSDAY

SNACK

CHEESE PUFF

FRUIT

SEASONAL FRUIT

FRIDAY

SNACK

GARLIC BREAD

FRUIT

SEASONAL FRUIT

