
















# Weekly Food Menu

## Early Years: T&C and J&C

Mon 27/04	Tue 28/04	Wed 29/04	Thu 30/04	Fri 01/05
<i>Morning Snacks</i>				
Yogurt with Cereal Whole Milk & Fruits	Cheese Sandwiches Whole Milk & Fruits	Cracker with Cream Cheese Whole Milk & Fruits	Thai Rice Soup Whole Milk & Fruits	May Day (No school)
<i>Lunch</i>				
Thai Garlic Chicken Steamed Rice Thai Omelette Mixed Vegetables Soup 	Egg Noodle with Shredded Chicken Boiled Egg Noodle Soup  	Rosemary Baked Chicken with Brown Sauce Steamed Rice Thai Scrambled Egg Chinese Radish Soup 	Crispy Pan Fried Fish Steamed Rice Steamed Egg Japanese Tofu Soup	May Day (No school)
<i>Salad &amp; Fruit</i>				
Assorted Vegetables Seasonal fruit	Assorted Vegetables Seasonal fruit	Assorted Vegetables Seasonal fruit	Assorted Vegetables Seasonal fruit	May Day (No school)




## Early Years: P&U - Excellence

<i>Morning Snacks</i>				
Yogurt with Cereal Whole Milk & Fruits 	Cheese Sandwiches Whole Milk & Fruits	Cracker with Cream Cheese Whole Milk & Fruits	Thai Rice Soup Whole Milk & Fruits	May Day (No school) 
<i>Lunch</i>				
Homemade Popcorn Chicken Steamed Rice Thai Omelette Mixed Vegetables Soup 	Egg Noodle with Grilled Red Pork Boiled Egg Noodle Soup  	Rosemary Baked Chicken with Brown Sauce Steamed Rice Thai Omelette Chinese Radish Soup  	Crispy Pan Fried Fish Steamed Rice Steamed Egg Japanese Tofu Soup   	May Day (No school) 
<i>Salad &amp; Fruit</i>				
Assorted Vegetables Seasonal fruit	Assorted Vegetables Seasonal fruit	Assorted Vegetables Seasonal fruit	Assorted Vegetables Seasonal fruit	May Day (No school)



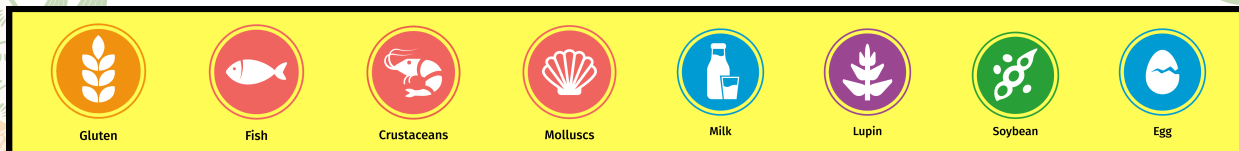
# Weekly Food Menu

## Grades 1 - 10

Mon 27/04	Tue 28/04	Wed 29/04	Thu 30/04	Fri 01/05
<i>Morning Snacks</i>				
Yogurt with Cereal Whole Milk & Fruits 	Cheese Sandwiches Whole Milk & Fruits	Cracker with Cream Cheese Whole Milk & Fruits 	Thai Rice Soup Whole Milk & Fruits 	May Day (No school)
<i>Lunch</i>				
Thai Garlic Chicken Thai Omelette Steamed Rice Homemade Popcorn Chicken Fried Mushroom Mixed Vegetables Soup Noodle with Minced Pork Stir Fried Cabbage with Fish Sauce	Grilled BBQ Red Pork Boiled Egg Steamed Rice Homemade Chicken Hotdog Grilled Tofu Clear Soup Noodle with Shredded Chicken Cucumber Stick	Chicken with Basil (Phad Krapow Gai) Thai Omelette Steamed Rice Rosemary Baked Chicken with Brown Sauce Protein with Basil Chinese Radish Soup Thai Braised Pork Noodle Soup Mashed Potato	Crispy Pan Fried Fish Steamed Egg Steamed Rice Pasta Alfredo with Chicken Crispy Tofu Seaweed Soup Japanese Udon with Pork Sautéed Broccoli	May Day (No school)
<i>Salad &amp; Fruit</i>				
Assorted Vegetables with Dressing Seasonal Fruit	Assorted Vegetables with Dressing Seasonal Fruit	Assorted Vegetables with Dressing Seasonal Fruit	Assorted Vegetables with Dressing Seasonal Fruit	May Day (No school)
<i>After School Club Snacks</i>				
Cracker with Cream Cheese	Yogurt with Cereal	Crouton Sticks	Eggs on Toast	May Day (No school)

### Food Allergen Information

Please note that we are a nut-free campus; therefore, no dishes contain nuts. For other allergies, food will be notated with the relevant symbol if it contains that ingredient.



Available each day for lunch:

Eggs & steamed rice.

**Noodle Station:** a variety of noodle dishes cooked daily.

**Salad bar selection:** lettuce, tomato, cucumber, egg, carrot, onion, corn, and other fruit and vegetables served daily.